



## **Cornish Teenager to Head off to the Amazon**

A Cornish teenager will set off on a trip of a lifetime with a better understanding of first aid thanks to the support of two local businesses.

Louise Matthews, who is currently studying for her A-levels at Truro College will head off for a five week trek in July to the Amazon Jungle with the British Schools' Exploring Society, part of the Royal Geographical Society.

"I'm really excited about the trek," said Louise. "It will be such a fantastic experience and I'd like to thank everyone who has supported me."

As well as receiving help from private and business sponsors, the 17 year old from Mullion has also had the support of The Training Centre at Lusty Glaze and Devoran based, Cornish First Aid Supplies.

Cornish First Aid Supplies' owner, Christine Chaplin, donated a first aid kit and also sponsored Louise's place on The Training Centre's new 'Remote Medicine' course, a programme specifically developed for expedition leaders and members.

"I found the course very helpful, especially the part about sprinkling anti-fungal foot powder around the ropes of a hammock to stop the ants from crawling down," said Louise.

The course, which teaches people how to survey and deal with emergencies in remote locations, is being taught by Matt Thomson, who spent nine years in the Royal Marines, many of which were as a medic.

"The course is the first of its kind and one of the only such courses in the country," said Training Centre owner, Elliot Walker.

"Apart from his medical background, Matt is well equipped for instructing people as he has climbed mountains and endured time in the jungle, the desert and the artic."

Christine Chaplin from Cornish First Aid Supplies, who will now supply first aid materials to the Training Centre as a result of working together to help Louise, said: "I was really pleased to be able to help Louise and I wish her well in the expedition.

"I know that the first aid kit we supplied her will do the job if required, I just hope that she has an incident free trip.

"But I'm also really pleased to be supplying the Training Centre with their first aid materials as well."

For more information on Cornish First Aid Supplies please contact Christine Chaplin on 01872 865011.

To book a place on the Remote Medicine course please contact Matt Thomson on 01637 879642 or visit [www.training-centre.org](http://www.training-centre.org).